Report on the Action Research Project on English Dictation in a Local Primary School

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This is a report on an action research project which investigates the extent to which dictation can help pupils learn English as their second language in a local government-subsidized Chinese primary school. It documents a teacher-initiated, classroom-based action research which turned English dictation exercises from the traditional types into innovative ones in three upper primary classes. Respondents came from a sample of 97 average-ability pupils from three primary four to six classes in the school. The researcher compared pupils’ perspectives before and after the study and reported the consequent changes in pupils’ perceptions of their dictation lessons. Both qualitative and quantitative data were collected through two sets of structured questionnaires, two semi-structured interviews and teacher’s class observation.

RESEARCH BACKGROUND
Dictation is an activity to write down something that someone says or reads out as it is being said or immediately after it is said. Although not many writers have written on dictation as an individual topic and internationally there is hardly any research which looks into the effect of dictation on second language learning, the use of dictation as one of the favourite language teaching and learning methodologies has gone through a long history. Dictation has long played a significant role in the English language curriculum in Hong Kong, particularly in primary schools because it is clearly stated in the primary school English language syllabuses. Dictation is therefore conventionally treated as an isolated and independent lesson in most schools’ weekly timetables. Teachers often follow the mode of ‘seen’ dictation as suggested by the former Education Department in the school syllabus (Curriculum Development Council, 1997). Thus, dictation often acts as a memorization exercise or a spelling-checking assessment in which teachers read the text, pupils dictate it, and then the teachers read the text the third time for pupils to check through their work (Raimes, 1983; Davis & Rinvoluci, 1988; Careless, 1999). Pupils, particularly the less capable pupils, either work under stress or give up in the boring and threatening lesson. They gradually develop a negative attitude towards dictation lessons that hinders their learning. In fact rather than mechanical drilling or assessing, dictation can also be treated as a teaching and learning exercise in which pupils learn to improve their language learning. Teachers can make use of different genre and a number of dictation activities to conduct their lessons so as to change a boring, threatening and stressful classroom atmosphere into a relaxing, supportive and enjoyable learning environment which subsequently brings a positive influence on learners’ performance (Davis & Rinvoluci, 1988; Wajnryb, 1992; Curriculum Development Council,
THE RESEARCH

Objective
The objective of this project was to find out to what extent could dictation activities help pupils’ learning of English as their second language in a traditional local Chinese primary school.

Research Questions
1. Can dictation lessons be meaningful and interesting?
2. If so, can dictation activities help pupils’ learning of English as their second language?

Sampling
Pupils came from class 4A, 5A and 6A of a traditional Chinese primary subsidized school at the Eastern District on Hong Kong Island. There were 31 pupils in 4A, 33 pupils in 5A and 33 pupils in 6A. In total, 97 pupils participated in the study. Their age ranged from ten to fifteen. They sat in rows in normal classroom setting. These pupils mostly came from working class families. Their English classes were their only opportunities to be exposed to the English language. The majority of them had studied English for a number of years since kindergarten. They were able to listen, speak and write simple English. But one-third of them have arrived in Hong Kong from Mainland China for less than five years. They had only learned English for three to four years. Their limited experience in the language often hindered their second language learning. However, all learners were hard working.

Time Duration
The project was carried out from 25th February, 2002 to 7th June, 2002 with a total length of three and a half months. During the period there were the Chinese New Year holiday, Easter holiday, a test and a mid-term examination.

Methodology
An action research study, which was classroom-based and teacher-initiated, was undertaken. Action research is a process of study done by systematically collecting data on one’s everyday practice and analyzing it in order to come to some conclusions about what future practice should be. It involves a self-reflective cycle of identifying a situation or problem, planning a change, acting and observing the processes and consequences, and then re-planning, and so forth (Figure 1). It offers a valuable opportunity for teachers to be involved in the research to collect first-hand information (McNiff, 1993; Atweb, Kemmis & Weeks, 1998). Action research was applied in this study because it enabled the teacher researcher of this project to follow the steps in the spiral that helped her reflect upon her teaching and improve her pupils’ situation. She intended to see if the plan would work well or if any necessary modification or amendment would be needed to improve her pupils’ language learning.
Pupils from class 4A, 5A and 6A were chosen as sampling. Most of them were of average academic standard although a few were a bit below average standard because many of them were new immigrants who had arrived from Mainland China for less than five years. The project began and ended with interviews and questionnaires. In total two interviews were conducted and three questionnaires were administered. A semi-structured interview and a structured questionnaire were conducted at the start of the study to collect data on pupils’ perceptions of their traditional dictation lessons. Then, a variety of innovative dictation activities were introduced to replace the traditional dictation exercises pupils used to have. A checklist was used to help the teacher researcher to observe pupils’ behaviour and performance during class. Afterwards, another semi-structured interview was conducted and an identical questionnaire was distributed to pupils to gather their perceptions of their dictation lessons after the changes. Finally, an additional questionnaire was distributed to pupils to collect their overall opinions about their dictation lessons after their new experiences. Pupils’ perceptions and opinions before and after the changes were compared and analysed.

**INNOVATIVE ENGLISH DICTATION ACTIVITIES**

During the study, five different innovative dictation activities were implemented in ten weeks to replace the traditional dictation exercises. Pupils’ interest and ability were considered. The activities were intentionally set from the easiest to the more challenging. Each activity was conducted twice to make sure pupils understood the rules and got used to the ways the activity worked. Clear instructions were given before the start of the activities so that pupils understood well what they were going to do. Considerable teacher’s support was provided to pupils who had difficulties during the activities. At the end of each task pupils were given five to ten minutes to check their spelling mistakes using their reference books such as course books and dictionaries. The dictation activities used in this project were adapted from Davis & Rinvolucri’s (1988) *Dictation*, Wajnryb’s (1992) *Grammar Dictation* and the Curriculum Development Council’s (1997) *Syllabuses for Primary Schools: English Language Primary 1-6* respectively. They include:
a. Jig-saw dictation
Pupils listened to a short text read by the teacher. They wrote down chunks of the text in the form of phrases or short sentences. This helped pupils develop their skills in understanding and listening to the gist of the text.

b. Partial dictation
Pupils worked in pairs. A text was divided in half. One read his/ her half of the text for his/ her partner to dictate. Two of them worked out the whole text. This provided pupils with an opportunity to complete a reading, speaking and writing task.

c. Running dictation
Pupils worked in groups of five to six. One member was responsible for writing the text while other members took turns to read out the text sentence by sentence. This provided pupils with an opportunity to work co-operatively.

d. Grammar dictation
Pupils worked in groups of four to five. They listened to a short text read by the teacher at normal speed and jotted down some important words. Then they pooled their resources, discussed and worked together to compose the text as nearest to the original text as possible. This enabled pupils to work out a speaking and writing task collaboratively.

e. Composition dictation
Pupils worked in groups of three to four. They listened to a text read by the teacher at normal speed and jotted down familiar words as they listened. Then they made use of their limited number of isolated words or fragments of sentences to reconstruct their version. Their texts did not need to be exactly the same as the original text. Pupils were allowed to discuss, compare, seek help from peers and edit their texts before the final submission. Examples of pupils’ work and their activities were shown at Appendix 1 and 2.

Data Collection
Two semi-structured interviews, teacher researcher’s close observation of pupils’ performance during class and two sets of structured questionnaires were used to collect data in this study. Quantitative data came from the questionnaires and qualitative data came from the interviews and observation. In this way, data were triangulated to ensure validity (Seliger and Shohamy, 1989; Nunan, 1992; Bell, 1993; McDonough and Mcdonough, 1997).

a. Interviews
Semi-structured interviews (Appendix 3) were conducted. Five pupils per class, which represented approximately fifteen per cent of the sampling, were chosen at random to be interviewed to collect their open-ended opinions in details. These opinions complemented the deficiencies of the questionnaire so that pupils could explain their ideas in details. Same pupils were interviewed twice, before and after the implementation of the study.
b. Questionnaires
Two sets of face-to-face questionnaires were used. An identical Likert 5-scale questionnaire (Appendix 4) with twelve statements indicating the responses of ‘strongly agree’, ‘agree’, ‘no opinion’, ‘disagree’ and ‘strongly disagree’ was used to collect pupils' perceptions of dictation in the beginning and at the end of the project. This allowed respondents to provide a wide range of responses. Chinese translation was written under each statement to help pupils interpret the context more easily and clearly. Another simple ‘Yes-No’ questionnaire (Appendix 5) was used to collect pupils’ overall opinions about the dictation activities. All questionnaires were conducted in class so that teacher could give a clear explanation to pupils and clarify all queries raised. In addition one hundred percent return rate could be ensured.

c. Observation
Teachers carefully observed pupils’ performance during lessons. They made use of an observation checklist (Appendix 6) to record what had happened in class that helped them investigate, analyse and conclude their findings when the project came to an end.

FINDINGS AND DISCUSSIONS
The pupils interviewed stated that they always spent at least a half to one hour to prepare for their traditional dictation lessons before changes. They all viewed dictation as a kind of spelling-checking exercise. 12 out of 15 pupils (80% of the pupils) indicated they were working under stress and threat. 100% of the pupils declared that they were always trying hard to get high scores to satisfy their parents. They all thought that every learner had to undergo dictation lessons in their language learning process. All of them had strong belief that dictation helped their learning. They had never thought of any possibility of change in the way dictation could have been conducted. Some pupils expressed their concerns about having changes. They were insecure over any new ways of dictation which they had never experienced before and they did not have confidence in getting satisfactory results in their work in new ways of doing dictation.

After the introduction of the innovative dictation activities, pupils began to enjoy their dictation lessons. Some pupils immediately asked whether they would have the same kind of activities in their coming dictation lessons once the lesson was over. They looked forward to having the lessons again instead of avoiding them like what they did in the past. Data collected in the questionnaires revealed pupils’ consistent and strong belief in the use of dictation in their learning. The figure was even higher than it was before the study. There was an increase of 17 pupils representing 17.5% of the sample. This is an encouraging finding because it reveals that pupils not only treat innovative dictation activities as interesting games but also as learning processes. 15 more pupils, an increase of 15.5%, found happiness in their dictation lessons and the satisfaction pupils gained from the innovative dictation lessons also increased by 12.4% or a total of 12 more pupils. Pupils who were previously worried about changes realised that dictation lessons could also be fun. 57 out of 97 pupils, representing 58.8% of the sample, either gave the responses of ‘strongly agree’ or ‘agree’ on having more dictation lessons. There was an increase of 15 pupils representing an increase of 22.7% who held positive responses when compared with the figure at the beginning of the study. In the final questionnaire, 78% of pupils expressed that they enjoyed their innovative dictation activities while 76% of the pupils expressed their preferences in having the new innovative dictation activities to the traditional exercises they used to have.
The rise in figures implies that pupils have developed a positive attitude towards their dictation lessons. They began to believe that learning could take place in relaxing and enjoyable dictation lessons. Their positive attitude led to their willingness in having more dictation lessons that might eventually enhance their language learning. Details were shown in the following diagrams.
Figure 2  Comparison of pupils’ perceptions on dictation before and after the study

Dictation helps my learning

Pre-study

Post-study

Dictation makes me happy

Pre-study

Post-study
Dictation brings me satisfaction

I like to have more dictation
Figure 3  Summary of pupils’ perceptions on dictation before and after intervention
I like traditional dictation exercises

- Yes: 56%
- No: 44%

I like the current dictation activities

- Yes: 78%
- No: 22%

I think the current dictation activities help my learning

- Yes: 72%
- No: 28%

I prefer the current dictation dictation activities to the traditional exercises

- Yes: 76%
- No: 24%
CONCLUSION AND RECOMMENDATIONS
The pupil-centred action research approach which relates to actual practice has proved to be appropriate in this study because it meets the criteria of making improvement in teachers’ professional practices (Atweb, Kemmis & Weeks, 1998). When pupils were doing their dictation, their weaknesses and needs such as pronunciation problems were easily identified. This facilitated teachers to tackle pupils’ problems. It also allowed teachers to direct their teaching more precisely towards pupils’ needs. Furthermore, the innovative dictation activities provided pupils with interesting, authentic and challenging tasks to practise. They succeeded in motivating pupils to learn as well as helping them develop proper useful learning strategies such as listening and editing skills. In completing the tasks, pupils also learned to work in collaboration and appreciate peer help. These were the unexpected outcomes that pupils achieved.

This study aimed at improving the learning environment and teaching strategies in English dictation lessons in a local Chinese primary school in order to enhance pupils’ English language learning. Generally speaking, the basic objectives of this research study were achieved. The majority of pupils successfully changed their perceptions of dictation from treating it as a solely spelling-checking and revision exercise to a meaningful learning task, from a boring, threatening and stressful environment to an interesting, enjoyable and collaborative atmosphere. To a certain extent the change in perception might help pupils develop a positive learning attitude towards their dictation lessons. Pupils’ confidence has thus increased and their anxieties have in turn reduced. Definitely these positive feedbacks may enhance pupils’ future learning. However, to what extent and by what means can dictation be used in the most effective way in helping pupils’ second language learning have not yet been discovered due to the limited length and scale of this study. Therefore, further investigation in the impact of dictation in second language learning, especially in local primary schools, is recommended in the future.

References
Curriculum Development Council (1997). Syllabuses for Primary Schools: English Language Primary 1-6. Hong Kong: Government Printer

Appendix 1

Examples of Pupils’ Work

[Image of handwriting]
Appendix 2

Pupils at work
Appendix 3

Interview

A. Personal Data

Class: __________________________ Name: __________________________

Age: __________________________ Sex: __________________________

B. Answer the following questions truly. Please explain in details.

1. Are you satisfied with your dictation outcome you currently score?
   
   Yes / No __________________________

2. Do you think dictation helps learning? If so, in what ways?
   
   Yes / No __________________________

3. Do you spend time in preparing for dictation? If so, how long?
   
   Yes / No __________________________

4. Do you think preparing for dictation interfere your daily life?
   
   Yes / No __________________________

5. Do you think dictation is necessary?
   
   Yes / No __________________________

6. Are you satisfied with the way of dictation you are having now?
   
   Yes / No __________________________

7. Do you think there is a need of change in the way of dictation?
   
   Yes / No __________________________
QUESTIONNAIRE ON DICTATION
PUPIL PERCEPTIONS

Directions
This questionnaire is not a test.
Your opinion about your dictation lessons is needed.
Please read each sentence carefully.
Please answer all.
Please answer honestly.
Show your opinion by circling one of the numbers 1, 2, 3, 4, or 5.

For example

<table>
<thead>
<tr>
<th>strongly agree</th>
<th>strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>There must be a dictation lesson in the time table.</td>
<td>1 2 3 4 5</td>
</tr>
</tbody>
</table>

If you strongly agree that there must be a dictation lesson in the time table, circle 1.
If you slightly agree that there must be a dictation lesson in the time table, circle 2.
If you have no opinion that there must be a dictation lesson in the time table, circle 3.
If you slightly disagree that there must be a dictation lesson in the time table, circle 4.
If you strongly disagree that there must be a dictation lesson in the time table, circle 5.

If you want to change your answer, just cross it out and circle another number.

e.g. 1 2 3 4 5
A. **Personal data**

Class: _____________  Age: _____________  Sex: _____________

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B. **Circle your answers.**

<table>
<thead>
<tr>
<th>Question</th>
<th>Strongly agree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Dictation helps me learn the language.</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>默寫練習有助語言學習</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Dictation makes me practise the newly learnt language.</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>默寫練習令我溫習最近學習的語言知識</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Dictation is interesting.</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>默寫練習富趣味性</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Dictation is boring.</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>默寫練習是沉悶的</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Dictation makes me happy.</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>默寫練習令我愉快</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Dictation makes me unhappy.</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>默寫練習令我不快</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. Dictation brings me satisfaction.</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>默寫練習為我帶來滿足感</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. I always do well in dictation.</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>我常在默寫練習中表現良好</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. I always do badly in dictation.</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>我常在默寫練習中表現不佳</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. I always spend much time in preparing for dictation.</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>我通常花很多時間為默寫練習作準備</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11. I like to have fewer dictation lessons.</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>我希望有少些默寫練習</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12. I like to have more dictation lessons.</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>我希望有多些默寫練習</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
QUESTIONNAIRE
PUPILS' OVERALL PERCEPTIONS ON DICTATION ACTIVITIES

Directions
This questionnaire is not a test.
Your opinion about your dictation activities is needed.
Please read each sentence carefully.
Please answer all honestly.
Draw a circle to show your opinion. Circle Yes if you agree with the sentence. Circle No if you don't agree with the sentence.
If you want to change your answer, just cross it out and circle the new answer.

A. Personal data

Class: Primary _____       Age :  _______       Sex :  F / M

B. Circle your answers.

<table>
<thead>
<tr>
<th>Opinion</th>
<th>Answers</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I like the traditional dictation exercises.</td>
<td>Yes  No</td>
</tr>
<tr>
<td>2. I like the current dictation activities.</td>
<td>Yes  No</td>
</tr>
<tr>
<td>3. I think the current dictation activities help my learning.</td>
<td>Yes  No</td>
</tr>
<tr>
<td>4. I prefer the current dictation activities to the traditional exercises.</td>
<td>Yes  No</td>
</tr>
</tbody>
</table>
Observation Checklist

Class : Primary _____

Teacher : ____________________________________

Date : _______________________________________

Module / Unit : _______________________________________

Activity : _______________________________________

Class event : (Tick the most appropriate box from 1-5, 1 means the least, 5 means the most)

<table>
<thead>
<tr>
<th>Questions</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>5</td>
</tr>
<tr>
<td>1. Are pupils interested in their task?</td>
<td></td>
</tr>
<tr>
<td>2. Are pupils actively participating in their</td>
<td></td>
</tr>
<tr>
<td>task?</td>
<td></td>
</tr>
<tr>
<td>3. Do pupils have any difficulty in co-operating</td>
<td></td>
</tr>
<tr>
<td>with their peers?</td>
<td></td>
</tr>
<tr>
<td>4. Do pupils have any difficulty in carrying out</td>
<td></td>
</tr>
<tr>
<td>their task?</td>
<td></td>
</tr>
<tr>
<td>5. Are pupils able to complete their task?</td>
<td></td>
</tr>
</tbody>
</table>

Others : _________________________________________________________________________
_________________________________________________________________________________